

KAKK ANNUAL ASTHMA CAMP 2011

19 & 20 November 2011

De Palma Inn, Kuala Selangor



**LIMITED PLACES!
REGISTER NOW!**

(Closing date for
registration is 11 Nov 2011)

Need more information?

Call 012-3905318 or
012-4211177

**OUTDOOR GAMES • SWIMMING •
NATURE WALK • FUN ACTIVITIES •
ART & CRAFT • ASTHMA EDUCATION**



**Kelab Asma Kanak-Kanak
Selangor & Wilayah Persekutuan**

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Kelab Asma Kanak-Kanak Selangor & Wilayah Persekutuan will be organizing its annual asthma camp in November at DePalma Inn, Kuala Selangor this year.

The trip to Kuala Selangor will be an exciting and educational one. Besides learning more about asthma and how to manage it better, the participants will have interesting encounters with nature and its inhabitants.

In the evening, there will be a trip to see fireflies at Kg Kuantan. It is said that the largest colony of fireflies in the world reside here. A beautiful sight awaits as the fireflies light up amongst the trees in the dark. The next day, participants will visit a Bird Hide at Kuala Selangor Nature Park in the morning. The park is managed by the Malaysian Nature Society and is home to small mammals, smooth otters, leopard cats, macaques, migratory birds and reptiles. Up to 156 species of birds can be spotted here.

Other activities lined up include asthma learning sessions, physiotherapy, games and swimming.

The camp is open to children aged 6-14 years. For more details, please call **012-390 5318** or **012-421 1177** or e-mail **kakkswp@gmail.com**.

Closing date for registration is 11 November 2011.

Why Send Your Child to the KAKK Asthma Camp

Sending your child to camp for children with asthma is one of the best decisions you could make! The camp experience is rich and rewarding, and your child will have memories and learn lessons that will last a lifetime. Here are just some of the benefits:

- Your child will learn to get along with others; learn to compromise; develop a sense of teamwork; take responsibility for themselves as well as their health; develop and refine their social skills.
- Your child will become skilled at managing their asthma through hands-on learning.
- Your child will face challenges, overcome fears, and gain confidence and self-esteem all while making new friends.
- Your child will try new activities.
- Your child will return home with new interests and skills.

Camp provides your child with a peer support group, and they feel like "one of the gang." Camp provides a formal education, where children are taught to deal medically and emotionally with their asthma, and they learn through interaction with each other.

Most importantly, your child will have FUN (and won't even realize they're getting an education at the same time)!

What are Asthma Camps about ?

Asthma camps are a great place for kids and teens with asthma to have fun, meet friends, and learn about how to manage their asthma symptoms in a fun, safe, camp environment which encourages physical activities. Kids with asthma don't have to miss out on the fun experience of a camp - they will have the chance to take a nature walk, swim, play games, and do arts & craft.

The camp is staffed with healthcare providers who understand asthma and can handle the medical needs of people with asthma.

